

## Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. As You are already there, I embrace You & unite myself wholly to You. Never permit me to be separated from You. Amen.

## Prayer to St Michael

Holy Michael, the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the heavenly host, by the power of God, thrust down to hell Satan and all the wicked spirits who wander through the world for the ruin of souls.

## Last Week's COLLECTION

1st Collection £1,095.84

## MASS INTENTIONS

If you require a Mass to be offered for an intention on a particular date it is well, if possible, to book it at least a couple of months beforehand, as recently the number of bookings has increased substantially.

**What is a Mass Intention?** At each Mass the Priest will pray for the Intention being offered. It may be for someone who has died, for someone who has an exam or is starting a new job. Any situation at all where we wish to ask God to support someone with His strength or His love. Normally people make a donation along with the Intention, the original purpose of this was to ensure that the priest would be able to eat that day! Although this is no longer needed, the offering is generally made where people can afford it. If you cannot afford a donation this should not put you off wanting a Mass to be offered for any particular intention.

## DONATIONS

You can Gift Aid all your donations and online. Otherwise, for a Gift Aid form just ask the office to hand you one or download and print it from the Donate page on our website and hand it in at the office.

**ONLINE DONATION** on the Diocesan Website:

<https://northamptondiocese.org/donate/>

Scroll down to find the 'Donate' button and follow the instructions on the Catholic Diocese of Northampton InvestMyCommunity for one-off or monthly donations. Please ensure the parish name and area, e.g. SJHN, High Wycombe, that the donation is intended for is indicated in the notes section of the donate page. Please include your full name too.

**STANDING ORDER** via donor's own bank: You can also set up a standing order for donations to the parish using either your online bank account or in branch. The information required to make the donation is as follows.

Bank: NatWest Sort Code: 60-06-11 Account Number: 46898093 Account Name: Northampton Roman Catholic Diocesan Trust Payment Ref: SJHN.

## LEGACIES

Future Legacies. Consider not just our own future but the future of our Parishes. One way of making that future real is by considering a Legacy. Many people do not really consider this because they don't have very much to leave but as has truly been said: Every Little Helps. Please take one of the cards sent out by the Diocese and think about what you might do.

## Anniversaries of death

Hette Cornelia Zajackowska, Bridget Joyce, John Reid McArdle, Mary Steggle, Edward Wallace, Stanislaw Kolodzienska, Kenneth Ian Shepherd, Arthur Shanahan, Edward Christopher Lynch, James Joseph Dwyer, Albert Lau. *Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen*

## COVID

Please remember that there are still a number of people who are still concerned about possible infection because of their own vulnerability. While it is true that most people with Covid are not now gravely ill, for some others it is still a matter of concern.

Please, if someone has placed the signs asking you to keep seats next to them free, take heed of these signs and do not occupy those seats. This is a simple matter of showing our care for our fellow-parishioners. It is a simple matter, too, to make use of the hand sanitiser. And especially if you are sitting near someone who clearly regards themselves or their family as more vulnerable, do consider wearing a face-mask. We want people to feel safe as well as to be safe. We do not want them to think they are unable to come to church. Thank you.

## BECOMING DISCIPLES

If you have taken home with you one of the grey (SW) or green (OLG) sheets outlining various jobs in the Parish, do consider well how you might respond and help. If there are any aspects of this you might volunteer for, or would like to know more about, there is a basket in the porch where you may place the marked sheets. If you didn't get one of these sheets there are still some in the porch.

## The 200 Club (what is it?)

The 200 Club has been running for very many years but we think that some of our newer parishioners don't know what it is about. It is a way of making some money for the Parish by people joining and giving £12 per year or £1 per month if you prefer. You will be issued with a number which will then be entered into the draw which is held at the end of each month. If you have the lucky number you will win £50. It is a good time for you to join for January so you can give your name, address and phone number as follows during the next few weeks to be ready for 2023. To join at **St. W's just give your details to Bridie or Maureen, if you attend 11.30 Mass at OLG give your details to Janet and if you are a 5pm OLG parishioner then just put your details in an envelope and address it to Bridie and give it to Father. As the saying goes "You have to be in it to win it"**

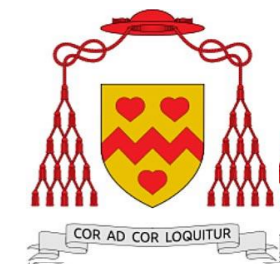
# NEWSLETTER

## Catholic Parish of St John Henry Newman

- HIGH WYCOMBE - Roman Catholic Diocese of Northampton

OLG: Our Lady of Grace, 29 Squirrel Lane, HP12 4RY SW: St Wulstan's, Hollis Road, HP13 7UN

PLEASE TAKE THIS NEWSLETTER HOME FOR REFERENCE



## CONFESSIONS

Saturday 10.15-11.00 (St Augustine)  
Saturday 11.30-12.00 (St Wulstan)  
Thursday 6.30-7.00pm (Our Lady of Grace) Or, by arrangement, at any reasonable time by phone, or email to the Parish Priest.

## BAPTISMS

by arrangement  
Sunday 1.00pm Our Lady of Grace  
Sunday 1.30pm St Augustine  
Sunday 1.30pm St Wulstan

5<sup>th</sup> February 2023

## Entrance Antiphon:

O Come, let us worship God and bow down before the God Who made us, for He is the Lord our God.

## Psalm Response:

The good man is a light in the darkness for the upright.

## Gospel Acclamation:

Alleluia, alleluia!

I am the Light of the world, says the Lord, anyone who follows Me will have the Light of life.

Alleluia, alleluia!

## Eucharistic Acclamation (Mystery of Faith)

Save us, Saviour of the world, for by Your Cross and Resurrection You have set us free.

Next Sunday: Sixth Sunday of the Year

## SUNDAY MASS TIMES OUR LADY OF GRACE

Please note that the Sunday Morning Mass at Our Lady of Grace is now at 11.00am NOT 11.30am

## PARISH

## EXPOSITION

Tuesday Mass at St Wulstan's will be followed by a time of Exposition of the Blessed Sacrament, concluding with Benediction. This will normally occur on the first Tuesday of each month.

## Parish Office: Tel: 01494 472526

St Wulstan's, Hollis Road, High Wycombe, HP137UN

Opening hours: TUES, THURS and FRI 10am-3pm

Parish email: [parish.stjhn@northamptondiocese.org](mailto:parish.stjhn@northamptondiocese.org)

Parish Website: [www.stjhnparish.org](http://www.stjhnparish.org)

Parish Secretary: Mrs Ann Masat

## Priests' Telephone: 01494 523969

Parish Priest: Rev. Jonathan Hill

email: [frjonathan.hill@northamptondiocese.org](mailto:frjonathan.hill@northamptondiocese.org)

Assistant Priest: Rev Daniel Rooke

email: [frdaniel.rooke@northamptondiocese.org](mailto:frdaniel.rooke@northamptondiocese.org)

Deacon: Rev. Mr Paul Priestley - 07591 462894

[deaconpaul.priestley@northamptondiocese.org](mailto:deaconpaul.priestley@northamptondiocese.org)

Safeguarding Reps: John Wiggins & Judith Forster

## 5<sup>th</sup> February 2023

## Fifth Sunday of the Year

## Racial Justice Sunday

Sat 4th Feb (OLG)	5.00pm	Vigil Mass
	(Maisie Fitzgerald R.I.P.)	
Sun 5th Feb (SW)	9.00am	Holy Mass
	(Pro Populo)	
Sun 5 <sup>th</sup> Feb (OLG)	11.00am	Holy Mass
	(Les & Edna Russell R.I.P.)	

## DURING THE WEEK

Mon 6 <sup>th</sup> Feb (St Aug)	9.30am	Holy Mass
	(Lillian Anne Brown R.I.P.)	
Tues 7 <sup>th</sup> Feb (St W)	10.00am	Holy Mass
	(Alison & Family -Well Being)	
Wed 8 <sup>th</sup> Feb (St Aug)	9.30am	Holy Mass
	(Mgr Paul Donovan R.I.P. Anniversary)	
Thu 9 <sup>th</sup> Feb (OLG)	7.00pm	Holy Mass
Fri 10 <sup>th</sup> Feb (St Aug)	2.00pm	Holy Mass
	(Requiem for Tadeusz Gajkiewicz)	
Sat 11th Feb (St Aug)	9.30am	Holy Mass
	(Deceased members of the Cordoba Family)	

## WEEK COMMENCING 11th FEBRUARY

Sat 11th Feb (OLG)	5.00pm	Vigil Mass
Sun 12th Feb (St W)	9.00am	Holy Mass
	(Maria Stonell)	
Sun 12th Feb (OLG)	11.00am	Holy Mass
	(Pro Populo)	

## ALTAR SERVERS

While at St Wulstan's we have a great team of Altar Servers, at Our Lady's you will have noticed that we are very much lacking here.

Altar Servers have a very important part to play in the Liturgy. Through assisting the priest they help the whole celebration of the Liturgy to run smoothly, and also give it an added dignity.

We would ask for any children who have made their First Communion, or any adults who may have been altar servers long ago, to come forward. All necessary training will be provided. If you think this is a ministry in which you might serve, or even just want to find out more about it, please let me know

## LENT

LENT will soon be upon us, with Ash Wednesday falling on 22<sup>nd</sup> February. Time to consider what we will be undertaking for Lent. Ideally our Lenten discipline should include Prayer, Fasting and Almsgiving. So let us think what we might undertake to do in each of these categories.

## SVP Tuesday Morning Coffee at St Wulstan's

The next Tuesday Coffee Morning will be held on the 14<sup>th</sup> February. Please do join us.

## Tea and Coffee after Masses at both churches

Please note that tea and coffee will now be available every Sunday after Mass at St Wulstan's and Our Lady of Grace.

## Repositories at our churches

The Repositories located in the narthexes at both our churches will be open after Masses on Saturday night and Sunday morning.

## Lectio Divina Thursdays at 11.00am

Lectio Divina is an opportunity to explore in some detail one of the readings which take place during Mass the following weekend. We listen to the reading and then share what the scripture is saying to us individually. Sessions are over Zoom (joining from 10:45 to start at 11:00) and will last a maximum of 1 hour 30 minutes. For further details on how to join, please contact: Marian Dunsire: [marian\\_dunsire@outlook.com](mailto:marian_dunsire@outlook.com), Anne Freier: [freier1961@gmail.com](mailto:freier1961@gmail.com), or Kathy Russell: [karussell43@aol.com](mailto:karussell43@aol.com)

## Companions in Christ

We meet on a Tuesday evening from 7.30 – 9.00pm on Zoom. If you would like to discuss aspects of your faith in a relaxed, informal way then why not come along and join us. Please email Catri [c.plummer@ntlworld.com](mailto:c.plummer@ntlworld.com) for more details and the Zoom link.

## Children's Liturgy Our Lady of Grace

### 11:00am Sunday Mass.

Children's liturgy sessions will be held on the first and third Sunday of each month, this month that will be 5<sup>th</sup> and 19<sup>th</sup> of February. All children aged 4 to 8 are very welcome. Could YOU be a leader or helper just once a month so we can have a session every week? Contact Claire via the parish office for more information or just come and observe a session!

## St Wulstan's – Flowers

We will leave a basket in the narthex marked "Flowers". This is not a special or weekly collection or donation but rather just a basket to hold any spare change you may have so that we can build up a fund for purchasing flowers.

*Our grateful thanks to Ovi & Simona who have agreed to contribute to the purchase of the flowers at St Wulstan's on a regular basis.*

## DIOCESE

### Diocese of Northampton – Directory 2023

These are now available in the narthexes of both our churches for you to purchase. The cost is £3 EACH.

## NYMO – FLAME Youth Event

The FLAME Youth Event will be held at Wembley Arena on the 4<sup>th</sup> March 2023. The cost for entry is £24. It has been suggested that we travel in parish groups and meet up there. It would be helpful to have a list of names before Christmas so that tickets can be allocated. Tee Shirts costing £7 are also available as an add-on. Flame has been described as an absolutely superb event. There is a poster in the narthex in both churches. For further information please contact Fiona Murphy at NYMO or Dcn Peter Collins on 08971 595646

## LIGHT UP LENT

### 23<sup>rd</sup> Feb to 2<sup>nd</sup> March Light up Lent!

Online Week of Accompanied Prayer. Give yourself the gift of time with God this Lent by taking part in our Online Week of Accompanied Prayer. Encounter Jesus in a new way through the Scriptures and see your prayer life come to life. Introductory webinar 23<sup>rd</sup> Jan, 7.30-8.30pm. [https://week\\_of\\_accompanied\\_prayer.eventbrite.co.uk](https://week_of_accompanied_prayer.eventbrite.co.uk)

## OTHER

### The SVP (Society of St Vincent de Paul) Wednesday Friendship Group

Held at St. Augustine's, in the Upper Room after 9.30 Mass, till about 12.30pm. All most welcome to come and chat and make friends – if you know anyone who would like to join in, please spread the word.

## FRIENDS OF THE HOLY LAND



Only 2 weeks to go to our fabulous concert in Westminster Cathedral. Join Friends of the Holy Land for an unforgettable evening of uplifting music on Thursday 16<sup>th</sup> February in Westminster Cathedral at a concert featuring the London Welsh Male Voice Choir supported by The Priests. The London Welsh Male Voice Choir has recorded with Charlotte Church, Aled Jones and Bryn Terfel. The Priests are three Roman Catholic priests from Northern Ireland who scooped the Guinness World Record for "Fastest-selling UK debut for a classical act" with their first album. The concert starts at 7:30 pm and tickets starting at £20 are available now through Eventbrite at - <http://bit.ly/3i0ath2> or search LWMVC Concert at Westminster Cathedral, or by calling the office – 01926 512980. [www.friendsoftheholylan.org.uk/westminster-concert2023](http://www.friendsoftheholylan.org.uk/westminster-concert2023)

## CAFOD Joint Parish Team Volunteers Wanted

The joint parish CAFOD team was formed last April comprising of St Theresa's, St Dunstan's, St Augustine's and Saint John Newman parishes. During the past year we have raised over £2000 and enjoyed a lovely late autumn walk followed with tea and cakes. We are looking for volunteers we can call on to help with a busy programme of activities for this year, if you would like to get involved please contact: Sheila Ashmore - St Augustine's - tel 07703 358 102 - [sheila.ashmore@talktalk.net](mailto:sheila.ashmore@talktalk.net)

## Joint Parish CAFOD Race night Fundraiser

Our Race night will take place on Friday 3<sup>rd</sup> March at 7.30pm in St Theresa's Parish Centre. The first of 8 races will be at the starting line at 7.45pm.

Tickets are £10 which includes a delicious fish or spring roll supper served at 9.00pm. (Given this is our Lenten Fast Day a number of people are making this their only meal of the day) Bar will also be available on the evening.

Tickets are available from Sheila Ashmore for St Augustine's 07703 358102 email [sheila.ashmore@talktalk.net](mailto:sheila.ashmore@talktalk.net) and nearer the time will be available after 9am Mass We will also be busy pre the Race night securing sponsorship, jockeys and owners! Thank you.



**A Programme for Couples Struggling in their Marriages Help Your Marriage** – Do you feel alone? Are you frustrated or angry with each other? Do you argue ... or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage group. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Face to Face

weekend in Welwyn Garden City on 24 - 26 February 2023, or a Virtual weekend on 6 - 9 July 2023, call or text 07887 296983 or 07973 380443 or email [retrouvailleukinfo@gmail.com](mailto:retrouvailleukinfo@gmail.com) or visit [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk) See also the poster in the narthex.

## Mary's Meals – Thank You

Mary's Meals would like to thank everyone at St Wulstan's and Our Lady of Grace for their wonderful generosity. We spoke at the end of each Mass the weekend of 21st/22nd January and were delighted by the total given – £574.32! This will feed 30 children one good meal every school day for a whole year. However, our 'Double the Love' campaign means all donations (up to £1.5 million before 31<sup>st</sup> Jan 2023) will be matched so the parish effectively doubles the number of children being fed from 30 to 60! Please keep Mary's Meals in your prayers. God bless.

## BLESSED GIUSEPPE "PINO" PUGLISI

### A Saint of our time

Fr Puglisi was a native of Palermo in Sicily and ministered in a rough and run-down neighbourhood of that city. In his outreach to many of the young people who lived in his parish he sought to teach them that, in the words of St John Bosco, virtue is beautiful and sin ugly. His success in this work brought him into conflict with the local Mafia, who saw that by giving many of those who were poor something to hope in he was drawing them away from the Mafia. He received threats, but his response was not only to continue his work but to denounce the Mafia from the pulpit. Then on his 56<sup>th</sup> birthday, 15 September 1993, he was gunned down outside his home by the Mafia. He was beatified on 15 May 2013. His life and work in Palermo has been made into a film (Come Into the Light) starring Luca Zingaretti (known to many as Inspector Montalbano)

## Wycombe Youth For Christ – Encounter Worship

### Sunday 12 February, 6.00-8.00pm at The Pastures Church (HP13 5RR)

Encounter Worship is opportunity for anyone in Secondary School (Years 7-13). It is an evening of fun, laughter, games and a tuck shop in a cafe-style setting; followed by a time of worshipping Jesus and exploring the Bible. It's a great evening to spend time with and make new friends; being encouraged by young people who share their testimonies; and opportunity to encounter Jesus through worship and prayer.

Everyone is welcome to come along. You can turn up on the night, or if you want to let us know you are coming, you can sign up via our website. For all the details about Encounter, whether you are a young person, parent, Youth Leader or Church, please click on the link below: <https://www.wycombeyfc.org.uk/encounter/> or contact Rebecca Hawes on 01494 522777 or email her on: [rebecca@wycombeyfc.org.uk](mailto:rebecca@wycombeyfc.org.uk) or see the poster in the narthex.