

+ Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. As You are already there, I embrace You & unite myself wholly to You. Never permit me to be separated from You. Amen.



+ Prayer to St Michael

Holy Michael, the Archangel, defend us in the day of battle.

Be our safeguard against the wickedness and snares of the devil.

May God rebuke him, we humbly pray;

and do Thou, O Prince of the heavenly host,

by the power of God, thrust down to hell Satan and all the wicked spirits who wander through the world for the ruin of souls.



+ Prayer to the Holy Spirit:

V. Come, Holy Spirit, fill the hearts of Your faithful.

R/ And kindle in them the fire of Your love.

V. Send forth Your Spirit and they shall be created.

R/ And You will renew the face of the earth.



Let us pray. O God, Who, by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever rejoice in His holy consolation. Through Christ our Lord. Amen

Last Week's COLLECTION

1st Collection: **£1,081.31**

February's 2nd Collections:

Feb 24th/ 25th **CAFOD (Lent Fast Day)**

You can Gift Aid all your donations and online. Otherwise, for a Gift Aid form just ask the office to hand you one or download and print it from the Donate page on our website and hand it in at the office. **ONLINE DONATION** on the Diocesan Website:

<https://northamptondiocese.org/donate/>

Scroll down to find the 'Donate' button and follow the instructions on the Catholic Diocese of Northampton InvestMyCommunity for one-off or monthly donations. Please ensure the parish name and area, e.g. SJHN, High Wycombe, that the donation is intended for is indicated in the notes section of the donate page. Please include your full name too.

STANDING ORDER via donor's own bank: You can also set up a standing order for donations to the parish using either your online bank account or in branch. The information required to make the donation is as follows.

Bank: NatWest Sort Code: 60-06-11 Account Number: 46898093 Account Name: Northampton Roman Catholic Diocesan Trust Payment Ref: SJHN.

LEGACIES

Future Legacies. Consider not just our own future but the future of our Parishes. One way of making that future real is by considering a Legacy. Many people do not really consider this because they don't have very much to leave but as has truly been said: Every Little Helps Please take one of the cards sent out by the Diocese and think about what you might do.

Anniversaries of death

Joan Scully, Eric Dembski, Cornelius O'Connell, John Quigley, Delamere Roscoe, Ifeanyi Chukwu, Margaret Ager, Charles Stanley, Eithne Neal, John Johnson, Lydia Faerber, Jo Dooley, Bill Fisher, Jack O'Sullivan, Margaret Johnson, Elizabeth Smereka, James McHugh, Valerie Boyce, Ada Sheedy, Basil Flanagan, James Caughlan

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen

WHC - Brighton Marathon – Free Spaces!

Sunday 7th April 2024. We have free places in the world famous Brighton Marathon which is on Sunday 7th April 2024. If you'd like to know more, please contact Lynne Cole at communications@wyhoc.org.uk or call 01494 410849 and please let anyone you think might be interested know. See also the poster in the narthex.

Wycombe Homeless Connection

BIG SLEEP OUT – URGENT WE NEED

MORE PEOPLE TO TAKE PART

Saturday 2nd March 2024

Can you swap your bed for a sleeping bag to change the lives of people who are homeless in our community! There are three ways to take part. Join other sleep-outers at Adams Park, home of Wycombe Wanderers FC, and at All Saints Church in Marlow. Or sleep out "at home" by choosing a location which suits you, maybe your churchyard, workplace, garden or the school playground. You can take part on your own or with groups and if the challenge itself isn't for you perhaps sponsor those who are. Sign up here, or sponsor the Sleepout: www.wyhoc.org.uk/bigssleepout2024 or call 01494 447699. Thank you.



Love Pray Walk

Friday 22nd – Sunday 31st March 2024

Holy Week and Easter 2024

Oxford to Walsingham



See poster in the narthex to find out more with QR code or email: studentcross.oxfordleg@gmail.com



A Programme for Couples Struggling in their Marriages

There is no group therapy or group work. There is a Face to Face weekend in Welwyn Garden City on 14-16 June 2024. Call or text 07887 296983 or 07973 380443, email retrovailleukinfo@gmail.com - or visit www.retrovaille.org.uk See also the poster in the narthex. Complete confidentiality assured.

NEWSLETTER

Catholic Parish of St John Henry Newman

- HIGH WYCOMBE - Roman Catholic Diocese of Northampton

OLG: Our Lady of Grace, 29 Squirrel Lane, HP12 4RY SW: St Wulstan's, Hollis Road, HP13 7UN

PLEASE TAKE THIS NEWSLETTER HOME FOR REFERENCE



CONFESSIONS

Saturday 10.15-11.00 (St Augustine)

Saturday 11.30-12.00 (St Wulstan)

Thursday 6.30-7.00pm (Our Lady of Grace) Or, by arrangement, at any reasonable time by phone, or email to the Parish Priest.

BAPTISMS by arrangement

Sunday 1.00pm Our Lady of Grace

Sunday 1.30pm St Augustine

Sunday 1.30pm St Wulstan

25th February 2024

Entrance Antiphon:

Remember Your compassion, O Lord and Your merciful love, for they are from old.

Let not our enemies exult over us. Redeem us, O God of Israel, from all our distress.

Psalm Response:

I will walk in the presence of the Lord in the land of the living.

Gospel Acclamation:

From the bright cloud the Father's voice was heard: 'This is My Son, the Beloved, I listen to Him.'

Eucharistic Acclamation (Mystery of Faith)

Save us, Saviour of the world, for by Your Cross and resurrection You have set us free.

Next Sunday:

Third Sunday of Lent

PARISH

STATIONS OF THE CROSS

Through Lent we may follow Christ on His journey to Calvary in all our churches.

THURSDAY 6.30pm Our Lady of Grace

FRIDAY c. 10.30am St Wulstan

7.30pm Our Lady of Grace (Syro-Malabar)

SATURDAY 5.00pm St Augustine

SVP Tuesday Morning Coffee at St Wulstan's

The next Tuesday Coffee Morning will be held on the 12th MARCH. Please do join us.



Parish Office: Tel: 01494 472526
St Wulstan's, Hollis Road, High Wycombe, HP137UN
 Opening hours: TUES, THURS and FRI 10am-3pm
 Parish email: parish.stjhn@northamptondiocese.org
 Parish Website: www.stjhnparish.org
 Parish Secretary: Mrs Ann Masat
Priests' Telephone: 01494 523969
 Parish Priest: Rev. Jonathan Hill
 email: frjonathan.hill@northamptondiocese.org
 Assistant Priest: Rev Alessandro Reno
 email: fralessandro.reno@northamptondiocese.org
 Deacon: Rev. Mr Paul Priestley - 07591 462894
deaconpaul.priestley@northamptondiocese.org
 Safeguarding Reps: Joan Fisher & Judith Forster
 email: safeguarding.stjhn@northamptondiocese.org

25th February 2024 Second Sunday of Lent – Year B

| | | | |
|--------------------------|-------|-----------------------------------|------------|
| Sat 24 th Feb | (OLG) | 5.00pm | Vigil Mass |
| Sun 25 th Feb | (SW) | 9.00am | Holy Mass |
| | | <i>(Leticia John (Intention))</i> | |
| Sun 25 th Feb | (OLG) | 11.00am | Holy Mass |
| | | <i>(Charlie Grego RIP)</i> | |

DURING THE WEEK

| | | | |
|----------------------------|----------|--|-----------|
| Mon 26 th Feb | (St Aug) | 9.30am | Holy Mass |
| | | <i>(Louis & Pauline Caruana RIP)</i> | |
| Tues 27 th Feb | (SW) | 10.00am | Holy Mass |
| Wed 28 th Feb | (St Aug) | 9.30am | Holy Mass |
| | | <i>(Monica Caruana)</i> | |
| Thurs 29 th Feb | (OLG) | 7.00pm | Holy Mass |
| | | <i>(Mary Josephine Keogh RIP)</i> | |
| Fri 1 st Mar | (SW) | 10.00am | Holy Mass |
| Sat 2 nd Mar | (St Aug) | 9.30am | Holy Mass |
| | | <i>(Tony Da Silva RIP)</i> | |

CONTEMPLATIVE PRAYER

Lent seems like a good time to see if there is any interest in forming a 'Julian Meeting'. These are small groups which meet for Contemplative Prayer. Normally a meeting begins with a welcome, a short reading either from Scripture or from some spiritual reading, and a time of silent prayer in God's presence. The meetings often end with tea or coffee and conversation. Contemplative Prayer is for many people a new (or perhaps I should say different!) way of praying, and it can be a very rewarding one. If anyone might be interested in this do please speak to me and we can try and discover what would be a good time and venue.

SECOND COLLECTIONS

At a time when money is tight for many people, and when many charities are also appealing for money, it is easy for people to feel overwhelmed by the number of collections in the church. Accordingly, there is now a list of the year's retiring collections posted in the porch. This will allow you to plan ahead and decide which ones you are able to support.

Lectio Divina Thursdays at 11.00am

Sessions are over Zoom (joining from 10:45 to start at 11:00) and will last a maximum of 1 hour 30 minutes. For further details on how to join, please contact: **Marian Dunsire** marian_dunsire@outlook.com, **Anne Freier** freier1961@gmail.com, or **Kathy Russell** karussell43@aol.com

Companions in Christ

We meet on a **Tuesday evening from 7.30 – 9.00pm on Zoom**. If you would like to discuss aspects of your faith in a relaxed, informal way then why not come along and join us. Please email **Catri** c.plummer@ntlworld.com for more details and the Zoom link

Children's Liturgy (OLG) 11:00am Sunday

The next children's liturgy sessions will be on the **18th of February**. All children aged 4 to 8 are very welcome. **Could you help just once a month?** Contact Claire via the parish office for more information or just come and observe a session.

MASS INTENTIONS

In future, please direct all Mass intentions to **St Augustine's**. The no. for St Augustine's is : 01494523969 or email your request to: frjonathan.hill@northamptondiocese.org

NORTHAMPTON DIOCESAN DIRECTORY 2024

The Northampton Diocesan Directory for 2024 containing the Ordo is now available at the back of our churches. Price £3

OUR LADY OF GRACE – GAMES DAY

Why not pop along to our Games Day on the **1st Wednesday of every month, 1pm at Our Lady of Grace**. Age range: **18 to 80 plus**. Come along for a chat and make new friends. Contribution of £2 for attendance will provide refreshments. Look forward to seeing some friendly faces!

WALK WITH ME LENTEN BOOKLETS & CHILDREN'S LENT CALENDARS

In preparation for Lent, the Walk with Me booklets (price £1) can be found in the narthex of both our churches.

We also have the children's Calendar for Lent posters. These are not priced but any loose change donation will be gratefully received.



Greetings From Br Matthew of TAIZE

Fr Alessandro spent some days in Taize, in France for his spiritual retreat and met Brother Matthew, the prior, from the UK. Brother Matthew sent his greetings and good wishes to our parish's communities and especially our youth. He wrote: "Listen to Jesus who whispers in our heart: *Do not be afraid. I am with you, every day until the end of time.* (Mt 28:20). We'll we listen to this promise?" One of the Brothers will soon come to visit our parishes. Further information to come!

DIOCESE

DIOCESAN DATES FOR YOUR DIARY

To keep up to date with fortnightly news and opportunities from across our diocese by signing up to receive updates. Visit <https://northamptondiocese.org/#signup>

(1) Pope's Prayer Intention for February

February has begun and again we pray with Pope Francis. You can pray through the Pope's video <https://www.youtube.com/watch?v=PVJNIDhLmYE> Or through the text <https://northamptondiocese.org/pope-prayer-intention/>

(2) Year of Prayer 2024 – Prayer Resources

Prayer resources for Lent and the Year of Prayer have been updated: <https://northamptondiocese.org/prayer-resources/>

(3) Bishop David's Lenten Gospel Reflections

Bishop David has written and recorded a series of Lenten Gospel reflections for each week of Lent. In the video and audio version you can listen to the Gospel of the day and the reflection by Bishop David. You can watch the video here <https://youtu.be/DzLbJyKVfU?si=c3AoyeGPI9nkQB-Z>

You can listen to Bishop David's reflection here

<https://on.soundcloud.com/kfViT>

(4) Mission Northampton

The Secrets of St Paul is a 10-week online course beginning on Wednesday 10th January and finishing on Wednesday 20th March. For more information visit: www.northamptondiocese.org/courses or call 01604 434362

(5) Unseen Women of the Bible

This Lent the Diocesan Women in Ministry group is offering to send you a Biblical woman's name and a Bible reference each morning and a short evening shared prayer on Zoom at **6.45 to 7pm on weekdays from 19 February to 15 March**. No need to commit to every day - just join us when you can. We'll be using Ros Clarke's book, **Forty Women: Unseen women of the Bible from Eden to Easter**, from Eve to Ruth. Contact Joanna at Joanna.hale@northamptondiocese.org

(6) Light Up Lent - 29th Feb – 7th March

Light Up Lent is our diocesan Week of Accompanied Prayer, a retreat in everyday life. With one-to-one support each day for a week, via Zoom, from an experienced prayer guide.

<https://pastoralministryoffice.org/event/lightuplent/>

(7) Inspiring Women - Women and Synodality

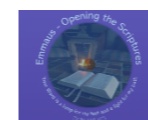
A poster for the latest webinar organised by the National Board of Catholic Women is in the narthex. On **Saturday 16th March**, you are invited to join a webinar organised by the Women in the Church Committee from **11am – 12.45pm**. **Avril Baigent** and **Helen Burgess**, from our Diocese, will be sharing on the theme of 'Women and Synodality'.

(8) The Forgiveness Project

Margaret and Barry Mizen will be visiting the St Thomas Centre on **Saturday 2 March from 10am – 12noon**. **Margaret and Barry's son, Jimmy** was murdered in South London in 2008. Remarkably, **Margaret and Barry** forgave his killer and have dedicated their life to sharing their message of forgiveness through The Forgiveness Project <https://www.theforgivenessproject.com/stories-library/barry-margaret-mizen/>

(9) Life in the Spirit

Registrations are now open for the Life in the Spirit seminars. If you'd like to come to the Seminars in person but don't live close enough to Northampton Cathedral, why not join us at one of our "Hub" locations around the diocese. More here <https://northamptondiocese.org/life-in-the-spirit-seminars-2024/>



EMMAUS – Opening the Scriptures

Our next talk in the Emmaus series takes place on **the 6th March in St Teresa's Church in Beaconsfield (HP9 2PL)**. The title of the talk is **"The suffering in the Book of Job"** The speaker will be **Fr Sean Healey**. A list of forthcoming talks can be found in the narthex.

OTHER

RIGHT TO LIFE

Support an amendment to reduce our abortion law from 24 weeks to 22 weeks. Babies born prematurely at 22 weeks are thriving and there is a contradiction in our abortion law. **Collect a postcard today from the back of the church and post it to your MP in support of this amendment.**

Through Lent with Pope Francis

There's a great online retreat at <https://www.onlineprayer.net/lent-2024/> with a quotation from Pope Francis, scripture, a picture, music and reflection for each day and a printed booklet available too. Contact **Joanna** joanna.hale@northamptondiocese.org if you'd like to reserve a copy of the booklet or would like the link for prayer together on weekday mornings, **7.40am for 7.45 to 8.15**.

Wycombe Homeless Connection BIG SLEEP OUT Sat. 2nd March 2024

Maria and Dee are participating in the homeless charity WHC sleepout on **Saturday 2nd of March 2024**. There are sponsor forms to sign up and pledge donations, or put donations in the box in the church entrance.



For those who prefer to donate online, go to: www.justgiving.com/page/mariaschafersleepout
Please support Dee and Maria and be as generous as you can for this worth cause. More people are needed to take part in the sleepout – see back of newsletter.



The SVP (SOCIETY OF ST. VINCENT DE PAUL) Wednesday

Friendship Group meets at: St. Augustine's Church, in the Upper Room after 9.30am Mass, until 12.30pm



Caritas in partnership with St John of God Hospitaller Services coordinate a Homes for Ukraine temporary housing support charity. The programme has been extended to March 2024. Please pick up a prayer card in the narthex. For more information, please visit the following websites: <https://sjog-homesforukraine.uk> or www.youtube.com/@sjoghomesforukraine

World Day of Prayer – Friday 1st March

A SERVICE FOR EVERYONE AT 2PM

At **Holmer Green Baptist Church, The Common, HP15 6TD**. Refreshments to follow. Please see the poster in the narthex.

St Jude – Footprints of Hope

In the spring of 2024, the Carmelite Shrine of St Jude in Faversham, Kent will be starting to lay bricks on a new path for the "Footprints of Hope" project. If you would like to remember your loved ones in this special place, you can add their name to a brick for £30. There is no limit to the number of bricks ordered but the cut-off date is **23rd February 2024**. See the forms in the narthex or call - **01795 539 214** or visit: www.stjudeshrine.org.uk/footprints

CAFOD – Family Fast Day – Friday 23rd

This Lent, your donations to **CAFOD's Family Fast Day** appeal will help hardworking people like James the fisherman in Liberia with resources, tools and training to feed their families for good. Please use the envelopes provided or go to: www.cafod.org.uk Do join us in praying with James that our sisters and brothers around the world have what they need to feed their families and live safely. Thank you.

The Big Lent Walk

Challenge yourself alone or with friends to walk 220km in 40 days to help fight global poverty this Lent. Please see the poster in the narthex and sign up to raise money to help people overcome poverty. <https://walk.cafod.uk/>

IGNATIAN SPAIN 7-13 APRIL 2024:

Our pilgrimage travelling by coach from Bilbao to Barcelona would welcome more participants: contact joanna.hale@northamptondiocese.org for details.