



High Wycombe Catholic Parishes

4th Sunday of Lent [A] *Laetare*

15th March 2026



Please take the Newsletter home with you for reference.

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🌐 www.st-augustines-church.org.uk
www.stjhnparish.org

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🌐 www.facebook.com/StAugustinesHW

Morning Prayer 9.15am before 9.30 weekday Mass
MASS INTENTIONS & TIMES
Saturday 14th March –
5.00pm (OLG) – Vigil Mass – Foundation: S Zielanka

Sunday 15th March – 4th Sunday of Lent [A]
9am (StAug) – Pat Varley RIP
9am (SW) – John Osborne RIP
11am (StAug) – People of the Parish
11am (OLG) –
6.00pm (StAug) – Christopher D'Souza RIP

Monday 16th March –
9.30am (StAug) – Paulina Duerst RIP

Tuesday 17th March – St PATRICK, Patron of Ireland
9.30am (StAug) –
10.00am (SW) –

Wednesday 18th March – St Cyril of Jerusalem, Bishop
9.30am (StAug) –

Thursday 19th March – St JOSEPH, Husband of Mary
9.30am (StAug) – Jimmy Daw RIP
7.00pm (OLG) – Holy Souls

Friday 20th March –
9.30am (StAug) – Holy Souls
10.00am (SW) –

Saturday 21st March –
9.30am (StAug) – Foundation: Rutledge
5.00pm (OLG) – Vigil Mass – People of the Parish

Sunday 22nd March – 5th Sunday of Lent [A]
9am (StAug) – Clinton Varghese (B'day)
9am (SW) – Rose Alichukwu (Int)
11am (StAug) –
11am (OLG) – Frances Edwards RIP
6.00pm (StAug) – Margaret Bartyla RIP

Sunday Mass Readings: 1Samuel 16:1,6-7,10-13;
Psalm 23:1-6; Ephesians 5:8-14; John 9:1-41

Psalm response:

The LORD is my shepherd; there is nothing I shall want.

Gospel Acclamation

I Am the light of the world, says the Lord; whoever follows Me will have the light of life.

EUCCHARISTIC ACCLAMATION:

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

Communion Antiphon:

The Lord anointed my eyes: I went, I washed, I saw and I believed in God.

CONFESSIONS:

St Augustine's Saturday 10.15-11.00am
St Wulstan's Saturday 11.30-12.00am
Our Lady of Grace Thursday 6.30-7.00pm

STATIONS OF THE CROSS

St Augustine's Saturday 6.30pm
St Wulstan's After Friday Mass
Our Lady of Grace After Thursday Mass

CHILDREN'S LITURGY: The Children's Liturgy for those children who have not yet made their First Communion at the 11.00 Mass at St Augustine's and the Sunday morning Masses at the other churches. After Palm Sunday the group at St Augustine's will be taking a break until 19th April.

TEA AND COFFEE after the 11.00 Mass at St Augustine's in the UPPER ROOM.

ALSO after Sunday morning Mass at St Wulstan's and Our Lady's.

ALSO after Thursday Mass at St Augustine's and the 2nd Tuesday of the month at St Wulstan's.



EXPOSITION & ADORATION:

St Augustine's: Saturday after Mass until 11am.

St Wulstan's: First Tuesday of the month after Mass until 11am

Our Lady of Grace: 6.30-7.00pm Thursdays

ROSARY ON MONDAYS & FRIDAYS:

After 9.30 Mass at St Augustine's.

ONLINE ROSARY

All welcome. Thursday evenings 8 – 8.30pm via Zoom. For joining details, contact Deacon Brin on 07931 607249



LAST SUNDAY'S COLLECTION

St Augustine: £1266.05

+Standing Orders of £696

St John Henry Newman: £1161.39

CAFOD: £150.43 extra

PRAYER GROUP at St Augustine's:

16th March – Upper Room -7.30pm

23rd March – Zoom – 8pm

For Zoom details please contact Deacon. Brin.

16th March will be the Prayer Group's Lenten Evening, to which all are invited.



CAR PARKING (St Augustine)

St John tells us that if we fail to show love for others then we clearly have no love for God. It is essential that people coming to Mass do not obstruct the pavement. There is no need for this as there are plenty of spaces in the car parks just across the road. More importantly it shows a complete lack of concern for those who may be coming up or down the hill using wheelchairs, mobility scooters or pushchairs. It has to be said that there is probably not much point in coming to Mass if you show such disregard for the wellbeing and safety of others.

SICK & HOME VISITS: If you know of anyone who is ill or housebound please get them to call Fr Jonathan, so we can arrange for a visit and to receive Holy Communion if they wish.

LECTIODIVINA Please join us via Zoom for our Thursday morning sessions as we reflect on the Word of God for the forthcoming Sunday. Thursdays at 11.00am-12.30pm latest. You can join the meetings from 10.45. All ages welcome. For details of how to join, please contact **Anne Freier** freier1961@gmail.com or **Kathy Russell** karussell143@aol.com

JULIAN MEETINGS The next meeting for Spiritual Reading, Contemplative prayer and discussion will be at 4pm on Saturday 28th March at St Augustine's. All welcome. If you have not tried this before why not come along and see what it is about.

CHURCH CLEANING ROTA (St Augustine's)

March 4	Pauline & Tony
March 11	Winston & Prem
March 21	Valentina & Kennedy
March 25	Liz & Maria

OUR LADY OF GRACE - GAMES DAY

Do come along on the **1st Wednesday** of the month whatever your age (18-80+!) for a time of chat, games and refreshment from **1.00pm** onwards. A contribution of £2 is requested to cover the cost of refreshments.

EMMAUS: Opening the Scriptures There will be no April Talk. The series continues on 6th May at 7.30pm at St Teresa's in Beaconsfield when Mgr Sean Healy will speak on Gratitude & Contentment – the Secret of a Thankful Heart (1Thess.5:16-18)

R.I.P. Please pray for the repose of the souls of **Lesley Cox** and **Thomas Ryan**, who died this week. We pray also for their families that God may send them His consolation and comfort.

YOUTH CLUB meeting at St Wulstan's on Saturday afternoons.. If interested in either joining or volunteering contact **Leticia** 07506 421908 or lucadenuga@yahoo.co.uk The youth group is not only for St Wulstan's but for all three churches.

HOLY EASTER EGGS – The chocolate egg that shares the Easter story. The eggs are for sale at St Wulstan's £5.50 each.

CARDS for St Patrick's Day, Mothering Sunday and for Easter available for sale in the narthex at St Wulstan's.

VOLUNTEERING

SINGERS Our Churches are looking for more singers to lead the liturgies at all three churches. You don't have to read music or have an audition! Rehearsals are at Our Lady's at 10.30am on a Sunday before Mass at OLG and at St Augustine's on a Thursday evening. You don't have to be a great soloist, just someone who enjoys singing and offering that to the Lord. To know more do speak to any of our organists/choir leaders after Mass on Sunday

CLEANERS We are always looking for people to help with the cleaning and maintenance of our Churches. At present we are especially in need of cleaners at St Wulstan's. If you can spare a little time to help in this work that would be a great contribution to the life of the Parish.

COLLECTION COUNTING at St Augustine's is normally done on a Monday morning after Mass. If you would be able to help please speak to Fr Jonathan. It would be good to have several teams of people doing the work.

MORNING PRAYER For any who wish to participate in the Morning Prayer of the Church, offered at St Augustine's most mornings Monday to Friday, we use the 'Universalis' app which you can put on your smartphones on the settings for Northampton Diocese.

QUIZ NIGHT A huge thanks and congratulations to all who attended or supported the Quiz Night last week at St Augustine's. It proved a successful social event and raised £472 for the SVP to enable them to help others.

HOLY WEEK SERVICES:

31 March : Penance Service (StAug) 7pm

2 April: **Maundy Thursday** Masses at 7.30pm at St Augustine's and St Wulstan's. Polish Mass at 7.30 at Our Lady of Grace.

3 April: **Good Friday** 10.30am (StAug) Children's Stations of the Cross.

Good Friday 3pm Service at St Augustine's and St Wulstan's. 7.30pm (Polish) at Our Lady of Grace.

4 April: Polish Blessing of Easter Food from 8.30-10.30am at Our Lady of Grace. Easter Vigil at 7.30pm (Polish) at Our Lady of Grace and 8pm at St Augustine's and St Wulstan's.

COMMUNITY OF COMMUNITIES DAY – 2nd May 2026

The Pastoral Area Council is organising a Family Day to be held at St Teresa's, Beaconsfield to celebrate the diverse cultures and nationalities that comprise our parishes. If any family or group of friends is willing to provide either some entertainment (music/dancing or similar performance from your culture) 10 minutes max. or a dish of a speciality food for a shared late lunch please speak to Deacon Brin who can pass on suggestions to the organisers.

The day is to run from 10am to 4pm and will include a Service of Celebration and Thanksgiving. Also see Poster in the porch.

DIOCESE

See the latest information from NYMO about upcoming events for teens, young adults and those working with young people in our diocese. If you would like to sign up to NYMO's newsletter receive emails about these and future events, please see their webpage: News – NYMO (<https://nymo.org/news-2/>)

GOD WANTS MEN TO SERVE AS PRIESTS – Could it be you? Discernment Day on Saturday 28 March.

Any men who are wondering if God might be calling them to the priesthood are invited to a 'Come and See' day of prayer, reflection, input on priestly vocation and an open Q&A, offering a relaxed and supportive space to explore God's call and learn more about priestly life. It is open to men who are exploring, questioning or actively discerning a vocation.

To register or for further info. Please contact Fr Pius Amoako either by email to vocationsdirector@northamptondiocese.org or call 01753 523147

CHRISM MASS This Mass, where the Holy Oils to be used throughout the year are blessed and consecrated will take place at the Cathedral in Northampton on Wednesday 1st April, beginning at midday.

OTHER

NATIONAL NOVENA TO ST JOSEPH at St Joseph's, Maidenhead from 10-18 March. All are welcome to these Masses at 10.00 each day of the Novena except Sunday, (11.00). The Masses can be followed on You Tube at www.millhillmissionaries.com/novena The Novena prayer book is available from the Novena Director at 6 Colby Gardens, Maidenhead SL6 7GZ for a suggested donation of £1. Petitions may also be sent to this address or email novenamhm@gmail.com

PILGRIMAGES

PATMOS of St John the Evangelist Led by Fr Jerome Ituah OCD 1st-7th June 2026. Cost £1595 including flights, ferries and hotels, with breakfast and one other daily meal. See poster in porch for details.

ASSISI led by Fr Matt Roche Saunders. Assisi is celebrating a Jubilee Year marking the 800th anniversary of the life and death of St Francis. The trip is from 1-6 June 2026 from £1350 per person including return flights from Stanstead, Accommodation, Breakfast and Dinner and services of a local English-speaking guide throughout. Pilgrims will visit the basilicas of St Francis and St Clare, Mount Subiaco and also the tomb of St Carlo Acutis. Full details at www.jcjournays.com or call 01886 812862

+Useful Websites:

<https://northamptondiocese.org>

<https://www.catholicreadings.org>

<https://cbcew.org.uk>

<http://www.heavensroadfm.com>

<http://www.walsingham.org.uk>

<https://northamptondiocese.org/donate/>

<http://cafod.org.uk>

PRAYER TO ST MICHAEL

Holy Michael, the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the Heavenly Host, by the power of God, thrust down to hell Satan and all the wicked spirits who wander through the world for the ruin of souls. Amen.



PRAYER OF SPIRITUAL COMMUNION to be used especially by those not receiving the Eucharist.

My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally come at least spiritually into my heart. I embrace You as if You were already there and I unite myself wholly to You. Never permit me to be separated from You. Amen.

PRAYER FOR PEACE

Almighty God, from Whom all thoughts of truth and peace proceed, kindle, we pray You, in the hearts of all people the true love of peace, and guide with Your pure and peaceable wisdom those who take counsel for the nations of the earth; that in tranquillity Your Kingdom may go forward, till the earth be filled with the knowledge of Your love; through Jesus Christ our Lord.